

This is to certify that

## **Highland Home Cook**

Has taken the Food for the Planet Pledge to reduce the environmental impact of food in Ross & Cromarty by making the following commitments:

> Reduce meat servings Switch to better meat and dairy Include 2 portions of vegetables in every meal Reduce food waste Serve Fairtrade products Serve seasonal produce

Sofia Parente Campaign Coordinator Food for the Planet

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Debbie Ross Baker/Cook Highland Home Cook

www.foodfortheplanet.org.uk